Child Development 1 Unit 7 Chapter 8

Study Guide Physical Development in the First Year

Know the definition of the following vocabulary words: Fine-motor skills, Colic, Crawl--

Weaning--Cephalocaudal Development--Gross-motor skills-- Sudden Infant Death Syndrome (SIDS)--Lactation Consultant--Solids-- Playyard--Ossification--Developmental Milestones-Failure to Thrive-- Deciduous teeth--Motor Development--Body Proportions--Reflexes--

Proximodistal development--Voluntary grasping-- Intolerances-- Sponge Bath--Creep--

Skeletal Systems-- Cruising—Infancy

2. Know which position should baby sleep in to reduce the chance of SIDS.

3. Know how often babies should be fed.

4. Know the cause of diaper rashes.

5. Know what ossification of the bones means.

6. Know when infants normally roll over from front to back and back to front and which is first.

7. Know when weaning of infants should be done.

8. Know by the end of the first year how much the length of the infant has increased.

9. Know by the end of the first year how much the weight of the infant has increased.

10. Know when deciduous teeth appear.

11. Know about the infant body proportions.

12. Know about the changes in the infant’s bones.

13. Know the definition of the rooting reflex.

14. Know about infant grasping and what it means.

15. Know the patterns of motor development.

16. Know what abilities trunk control is required for.

17. Know the correct order of appearance of motor skills including sitting, crawling, walking, rolling over, cruising, standing and creeping.

18. Know what clothing selection for babies should mainly be based on.

19. Know what age in months that SIDS normally occurs.

20. Know the risk factors of SIDS.

23. Know at least 3 advantages of breast-feeding for the baby