



# MASTERCHEF

## Casting Video Submission Instructions

**Deadline:** Sunday August 18th, 2019, 4:00 pm.

Please email your casting video submission to [ajarvis@paplv.org](mailto:ajarvis@paplv.org) OR upload your video to your google drive account, click on the button and share it with [paplv.foods@gmail.com](mailto:paplv.foods@gmail.com)



**Length:** We strongly encourage you to make sure that your video is no longer than 5-10 minutes in duration

**Content:** WE ENCOURAGE YOU TO HAVE SOMEONE ELSE TAPE YOU; WE WANT TO SEE YOU THROUGHOUT ALL OR MOST OF THE VIDEO (you can take turns filming each other with a partner in the class).

Please make sure we can see and hear you clearly. The video is to get a good sense of YOU – where you live, what you love cooking, what you enjoy doing apart from cooking, your family and friends etc.

We need to SEE YOU IN ACTION and we want to see your PERSONALITY!!! Be as creative, big and bold as you can! There is no “right” or “wrong” thing to say on tape, we just want to get to know you. Have fun with it and make it as personal as possible

### TOP TIPS OF WHAT WE WOULD LIKE TO SEE:

- 1) Please start with a shot of yourself standing outside your house and introduce yourself along the lines of “My name is X and welcome to my home in X”.
- 2) Please state your name, age, what city/town you currently reside in and what your current occupation is (student at PLHS or mention any job that you have outside of school too!)
- 3) Please give us a tour of your house (or kitchen) and introduce who you live with – family / friends (you can tape your friends while at school during lunch or after school, during passing periods, etc).
- 4) Please tape yourself doing other activities ie if you are sporty, get someone to tape you in action; if you collect comic books, please show us your collection. We really want to get a sense of who you are outside of the kitchen too.
- 5) We would of course love to see you in the kitchen showing off your cooking skills! Show us your cooking utensils, your plating skills, your pantry, your favorite ingredients, etc. **SINCE YOU ARE NOT COMING TO AN OPEN CALL, YOU NEED TO COOK & PLATE YOUR SIGNATURE DISH & INCLUDE THE FINAL DISH IN THE VIDEO**(there is no need to tape the full cooking process).

### Tell us what food/cooking means to you and your cooking experience:

1. How did food play a role in your life when you were growing up?
2. Where did your inspiration for cooking come from?
3. Has your heritage played a part in your cooking skill? If yes, how so?
4. How often do you cook?
5. How often from recipes and/or from scratch?
6. Have you had any training in the kitchen (Foods I, Foods 2? Who taught you?)
7. What kind of cook are you? (Do you cook all vegan? Organic? Semi-Homemade meals? Everything from scratch? Only Desserts? Tell us!)
8. What type of food do you enjoy to cook?
9. What do you think makes you a good cook?
10. Outside of food, what wouldn't we know about you based on our first impressions? We also want to know about your personal life (hobbies, accomplishments, goals, what you want to do after high school)