

Child Development 2 Test Study Guide
Unit 1 Physical Development of Toddlers Chapter 11

A. Know the following vocabulary words for the test:

Small-muscle development, .Food-allergy, Toilet learning, .Regression, Dexterity,
Oils, Eye-hand coordination, Muscle development, Table foods ,.Complementary foods
Large-muscle development

1. Know what level synaptic density is during the toddler stage.
2. Know who can better digest fibrous foods, infants or toddlers.
3. Know what determines height in children.
4. . Know body proportion comparisons between adults and child's heads.
5. Know how toddler's bones are developing in regards to ossification.
- 6 Know how many muscles cells are in a muscular versus a less muscular person.
7. Know if being chubby towards the end of the toddler stage may be a problem later.
8. Know what it means when young children lean forward while standing means.
- 9.. Know if courage affects climbing skills.
10. Know how toddlers throw a ball whether they shift their weight or not.
11. Know what eye-hand coordination is due to.
12. Know whether children's appetites increase or decrease after infancy.
13. Know how the nutritional value received from solids needs to increase between the 6- to 24-month age span.
14. Know what the Myplate food guidance system suggests for fruits and vegetables and on the plate of a child.
15. Know if feeding problems are common among toddlers.
16. Know how toddler clothing sizes are best determined.
17. Know how long toddlers often wear their shoes.
18. Know what should be included in bath time.
19. Know what determines the readiness for toilet learning.
- 20.. Know if toddlers are developing a sedentary lifestyle.
21. Know how many hours of sleep toddlers need a night.
22. Know what a toddler's brain growth is due to.
23. Know what the influence of genes is on a child's height and weight.
24. Know how a child's height changes in the second year in comparison to their first year.
25. Know how a child's weight changes in the second year in comparison to their first year.
26. Describe how a child's first steps look.
27. Describe how children run and how they hold their arms.
28. Know what the most difficult climbing is for toddlers.
29. Know how a two-to-three-old child catches a ball.
30. Know how pencils and crayons are first held by children.
31. Know which tasks are most difficult for toddlers to master.
- 32 Know how many major food groups are in the MyPlate system.
34. Know what successful toilet learning involves.
35. Describe the fine- and gross-motor skills that occur in the toddler years