

Child Development 2 Test Study Guide

UNIT 4. CHAPTER 14

A. Know the following vocabulary words for the test:

1. Functional specialization, Internal organs, Reaction time, Dynamic balance, Static balance, Body rotation, Weight shift, Manipulate, Hand preference, Ambidextrous, Nutrient-dense foods, Empty calories, Solid fats, Enuresis, Plaque

2. Know what ages define a preschooler.
3. Know what happens to brain pruning during the preschool years.
4. Know how much of the body's energy the brain uses during the preschool years.
5. Know if digestive upsets are common in the preschool years.
6. Know if preschoolers are finally developing adult body proportions.
7. Know when the permanent teeth start growing in children.
8. Know if preschool boys have more muscle development than girls and if it makes them weigh more or less.
9. Know what aids a preschooler in developing coordination.
10. Know when eye-hand coordination is completely developed.
11. Know the definition of contralateral and how it affects brain dominance and hand preference.
12. Know how hand preference is determined.
13. Know how to encourage healthy food habits in a preschooler.
14. Know how to make appealing to the preschooler's senses.
15. Know if preschoolers are too young to help with the family cooking activities.
16. Know how clothing choices affect a preschooler's self-concept and self-help skills.
17. Know the possible reasons for a child wetting the bed at night.
18. Know if preschoolers can provide all of their own daily dental care needs.
19. Know if preschoolers need to be physically active.
20. Know how many hours of sleep per night is adequate for preschoolers.
21. Know what are the least mature organs in the preschoolers.
22. Know what percentage muscle weight gain accounts for in the preschool years.
23. Know why the abdomen of preschool children protudes less than when they were toddlers.
24. Know why boys tend to weigh more than girls.
25. Know what balance is due to in preschoolers.
26. Know about preschooler's gross-motor skills at this age.
27. Know at what age a child begins to hop one to three steps on a preferred foot.
28. Know what the MyPlate system involves.
29. Know what types of clothing helps a child to self-dress.
30. Know what groups of gross-motor skills are common for preschoolers.
31. Be able to name at least 4 major changes that occur in body growth and development during the preschool years.