

# Chapter 14

## Physical Development of Preschoolers

### Lesson 14.1

### Preschoolers' Bodies Mature

Name \_\_\_\_\_

Date \_\_\_\_\_ Period \_\_\_\_\_

*As preschool children's bodies mature, their body proportions become more like those of adults. Their organ systems also mature, especially by the end of the preschool years. Of course, there are differences in preschool children's physical development. Not all children mature at the same rate. Norms or averages are used as a point of comparison between a certain child and the "average" child. In the space below, supply descriptive phrases that depict the developmental norms of preschool children.*

Brain: \_\_\_\_\_

\_\_\_\_\_

Trunk: \_\_\_\_\_

\_\_\_\_\_

Heart: \_\_\_\_\_

\_\_\_\_\_

Fat: \_\_\_\_\_

\_\_\_\_\_

Legs: \_\_\_\_\_

\_\_\_\_\_



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Teeth: \_\_\_\_\_

\_\_\_\_\_

Head: \_\_\_\_\_

\_\_\_\_\_

Bones: \_\_\_\_\_

\_\_\_\_\_

Breathing: \_\_\_\_\_

\_\_\_\_\_

Abdomen: \_\_\_\_\_

\_\_\_\_\_

Chest, Waist, Hip Measurements

(30 months)

(5 years)

Height

(girls) 5 years

(boys) 5 years

Digestive tract: \_\_\_\_\_

\_\_\_\_\_

Weight

(girls) 5 years

(boys) 5 years